



Moss Vale Football Club Inc.

Under 7 Gala Day Rules – Saturday 18th May 2024 (v1)



1. All U7 teams are expected to participate in the U7 Gala Day.
2. Each team coach/manager must bring a match ball (with your club/team marked on it) and team shirts.
3. Each team must complete a SSG Team sheet from their own HSA SSG team sheet books, writing names in the 'home team' section. Coaches/managers are requested to please register your team by handing in the completed yellow team sheet to the ground official in the 'Away' change room at 8.00am.
4. Each team will receive a kit containing the draw, event notes and a field map when the team coach/manager registers their team.
5. There will be a briefing on the U7 Gala Day for all team Coaches/Managers at 8.15am at the 'Away' change room.
6. Please note in Group II & III (due to uneven team numbers) that 3 teams from each group will verse the other group. This is to ensure that all teams have the same amount of SSG's and activities. Points will count towards the teams end tally.
7. During the day teams may come up against each other on more than one occasion, unfortunately this is unavoidable.
8. There is no entry fee for the U7 Gala Day.
9. A siren/bell will signal the start, and full time of all numbered & scheduled events.
10. All score cards will be completed by MVFC representatives responsible for the running of each event.
11. For the **'SSG events'**, normal FFA SSG rules apply, Each SSG will consist of a 10 minute game (no half time).
12. In 'SSG's', teams earn 1 point for every goal.
13. For the **'One on One'** event, the start siren/bell indicates that the team(s) scheduled to participate in these events have the full scheduled event time of 10 minutes to complete approximately three turns per player. Each goal scored earns 1 point.
14. For the **'Two on Two'** event, the start siren/bell indicates that the team(s) scheduled to participate in these events have the full scheduled event time of 10 minutes to complete approximately three turns per player. Each goal scored earns 1 point.
15. For the **'Passing Game'**, teams line up across from their own set of three cones and complete 2 x turns each at passing a nicely weighted pass at three cones. Each time a ball hits a cone, the team scores 1 point. Each player has to retrieve their ball, so the passes should not be too hard. The idea is to weight the pass at the cone with accuracy.
16. For **'Penalty Kicks'**, each team has the time to attempt two penalty kicks by each player. Each goal scored earns 1 point.
17. Please move to your next event promptly. The siren/bell will signal the start and finish of each event. There is a 3 minute interval between each event and enough 'byes' for everybody to have a drink, eat and get ready for the next event. There is no delayed start or catch up time available in the Gala Day event schedule.
18. Please refer any questions or concerns to the Ground Officials who will be present & wearing high visibility vests marked 'Official' on the back.
19. At the conclusion of the last events, please promptly arrange your teams sitting in lines out from the front of the canteen building. Every player will receive an award at the presentation at 11.00am.
20. The BBQ and canteen will be open from 8.00am serving hot & cold food including:
 - Egg & bacon rolls
 - Sausage sandwiches
 - Coffee
 - Cold & hot drinks
 - Lollies, chips & snacks
21. MVFC wish all the players, parents, friends and spectators an enjoyable morning at the U7 Gala Day.

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Under 7 Gala Day Draw – Saturday 18th May 2024 (v1)

Group I

- A** Bowral All Stars
- B** Bowral Wonderers
- C** Exeter Red
- D** Mittagong Green
- E** Mittagong Cubs
- F** Moss Vale White
- G** Robertson
- H** Yerrinbool

Group II

- J** Bowral Bandicoots
- K** Bundanoon
- L** Frensham Junior
- M** Mittagong White
- N** Mittagong Lionesses
- O** Oxley Blue
- P** Tudor House Blue

Group III

- S** Bowral Rangers
- T** Exeter Blue
- U** Hill Top
- V** Mittagong Yellow
- W** Moss Vale Red
- X** Oxley Gold
- Y** Tudor House Red

Event No.	Start Time 10 minute events. No half time. 3 mins between events.	Small Sided Games						One on One (3x turns ea. player)		Two on Two (3x turns ea. Player)		Passing game (2x turns each player)	Penalty Kicks (2x kicks each player)	Bye
		Team	Fld	Team	Fld	Team	Fld	Team	Fld	Team	Fld			
1	8.30	E v F G v H	1 4	N v O W v X	2 5	P v J A v D	3 6	K v M	7 8	S v V Y v U	9 10	T B	L C	
2	8.43	A v H T v Y	1 4	K v P C v D	2 5	L v M U v V	3 6	J v O S v X	7 8	B v E	9 10	F N	G W	
3	8.56	D v B V v T	1 4	M v K S v W	2 5	F v H	3 6	L v N C v E	7 8	P v O	9 10	A X	Y U J	G
4	9.09	J v K A v B	1 4	L v N S v T	2 5	F v D M v P	3 6	V v W	7 8	G v C	9 10	E O	H X	U Y
5	9.22	D v E V v W	1 4	B v G U v T	2 5	J v N K v O	3 6	P v Y	7 8	H v F	9 10	C M	A S	L X
	9.35	<i>Mid morning rest break (15 minutes)</i>												
6	9.50	A v F S v X	1 4	J v O E v G	2 5	N v P W v Y	3 6	B v D	7 8	L v M	9 10	K U	V T	C H
7	10.03	L v K C v B	1 4	G v F P v O	2 5	Y v X	3 6	U v T	7 8	J v N	9 10	V H S	M E D	W A
8	10.16	M v N U v Y	1 4	S v V C v G	2 5	T v W	3 6	A v H	7 8	K v X	9 10	D L	F O	B, E, J, P
9	10.29	L v O C v H	1 4	U v X Y v S	2 5	B v E	3 6	F v G	7 8	A v D	9 10	J W	N P	K, M, T, V
10	10.42	U v M H v E	1 4	L v J X v V	2 5	C v A	3 6		7 8	T v W	9 10	G Y P	K B	D, F, S, O, N
11	11.00	Presentations for all teams will be held after Event No.10 Please have teams sitting in lines out from the front of the canteen by 11.00 am.												



MVFC Map – U7 Gala Day 2024



Playground

BBQ
Shed

Club House

Storage

Team Registration in
Away Changeroom

SSG
Field 1

SSG
Field 2



Penalty Kicks 1

Penalty Kicks 2

One on One Field 1

One on One Field 2

Passing Game1

Passing Game2

Two on Two Field 1

Two on Two Field 2

SSG
Field 3

SSG
Field 4

SSG
Field 5

SSG
Field 6